

Free Practice 1

Time by bike

1											
1	13:00:50.932		2	13:03:20.835	2:29.903	3	13:05:36.649	2:15.814	4	13:07:46.926	2:10.277
5	13:12:11.353	4:24.427 G	6	13:14:33.693	2:22.340	7	13:16:50.580	2:16.887	8	13:19:05.224	2:14.644
9	13:21:19.856	2:14.632	10	13:23:32.501	2:12.645	11	13:25:44.711	2:12.210	12	13:29:23.053	3:38.342 G
13	13:31:51.134	2:28.081	14	13:34:08.069	2:16.935	15	13:36:22.048	2:13.979	16	13:38:34.952	2:12.904
17	13:40:47.797	2:12.845	18	13:43:00.327	2:12.530	19	13:45:13.289	2:12.962	20	13:47:26.562	2:13.273
21	13:51:32.418	4:05.856 G	22	13:53:52.700	2:20.282	23	13:56:03.076	2:10.376	24	14:03:02.121	6:59.045 G
25	14:05:16.046	2:13.925	26	14:07:22.741	2:06.695						

3											
1	13:01:06.378		2	13:03:38.114	2:31.736	3	13:05:57.499	2:19.385	4	13:08:10.889	2:13.390
5	13:10:23.385	2:12.496	6	13:12:35.157	2:11.772	7	13:14:46.509	2:11.352	8	13:16:57.712	2:11.203
9	13:19:07.917	2:10.205	10	13:21:17.900	2:09.983	11	13:23:27.498	2:09.598	12	13:26:29.285	3:01.787 G
13	13:31:00.261	4:30.976 G	14	13:33:18.845	2:18.584	15	13:35:30.916	2:12.071	16	13:37:41.536	2:10.620
17	13:39:50.578	2:09.042	18	13:41:59.277	2:08.699	19	13:45:38.293	3:39.016 G	20	13:48:09.033	2:30.740
21	13:50:25.064	2:16.031	22	13:52:44.204	2:19.140	23	13:54:58.519	2:14.315	24	14:03:03.659	8:05.140 G
25	14:05:23.319	2:19.660	26	14:07:34.777	2:11.458						

4									
1									

6											
1	13:01:11.404		2	13:03:49.533	2:38.129	3	13:09:03.885	5:14.352 G	4	13:11:27.786	2:23.901
5	13:13:45.619	2:17.833	6	13:16:01.979	2:16.360	7	13:18:17.386	2:15.407	8	13:20:31.969	2:14.583
9	13:25:28.157	4:56.188 G	10	13:28:12.018	2:43.861	11	13:30:42.213	2:30.195	12	13:33:07.043	2:24.830
13	13:35:29.942	2:22.899	14	13:37:57.803	2:27.861	15	13:40:19.229	2:21.426	16	13:42:41.431	2:22.202
17	13:45:03.042	2:21.611	18	13:52:09.985	7:06.943 G	19	13:54:38.250	2:28.265	20	14:02:42.238	8:03.988 G
21	14:05:02.562	2:20.324	22	14:07:15.480	2:12.918						

7											
1	13:01:24.364	1:24.364 G	2	13:03:45.130	2:20.766	3	13:05:56.985	2:11.855	4	13:08:06.993	2:10.008
5	13:10:16.354	2:09.361	6	13:12:24.537	2:08.183	7	13:16:29.211	4:04.674 G	8	13:18:58.228	2:29.017
9	13:21:13.877	2:15.649	10	13:23:26.296	2:12.419	11	13:29:36.047	6:09.751 G	12	13:32:06.146	2:30.099
13	13:34:21.810	2:15.664	14	13:36:34.547	2:12.737	15	13:38:46.524	2:11.977	16	13:40:57.637	2:11.113
17	13:43:08.250	2:10.613	18	13:45:19.336	2:11.086	19	13:47:29.330	2:09.994	20	13:50:20.046	2:50.716 G
21	13:52:44.558	2:24.512	22	13:54:59.283	2:14.725						

8											
1	13:00:39.756	0:39.756 G	2	13:03:09.013	2:29.257	3	13:06:15.313	3:06.300 G	4	13:08:32.706	2:17.393
5	13:10:43.933	2:11.227	6	13:12:54.625	2:10.692	7	13:15:10.242	2:15.617	8	13:17:20.407	2:10.165
9	13:19:30.541	2:10.134	10	13:21:40.602	2:10.061	11	13:24:40.874	3:00.272 G	12	13:27:03.078	2:22.204
13	13:29:31.852	2:28.774	14	13:31:46.645	2:14.793	15	13:34:00.703	2:14.058	16	13:36:14.865	2:14.162
17	13:38:27.143	2:12.278	18	13:43:59.916	5:32.773 G	19	13:46:32.921	2:33.005	20	13:48:53.198	2:20.277
21	13:51:09.558	2:16.360	22	13:53:23.916	2:14.358	23	13:55:37.957	2:14.041	24	14:03:00.500	7:22.543 G
25	14:05:20.549	2:20.049	26	14:07:33.570	2:13.021	27	14:09:45.220	2:11.650			

9											
1	13:02:18.644	2:18.644 G	2	13:05:09.043	2:50.399	3	13:07:50.275	2:41.232	4	13:10:28.397	2:38.122
5	13:13:07.443	2:39.046	6	13:15:39.212	2:31.769	7	13:18:04.953	2:25.741	8	13:20:27.932	2:22.979

9	13:22:51.609	2:23.677	10	13:25:16.389	2:24.780	11	13:27:44.573	2:28.184	12	13:30:04.276	2:19.703
13	13:36:14.686	6:10.410 G	14	13:38:52.713	2:38.027	15	13:41:15.140	2:22.427	16	13:43:35.947	2:20.807
17	13:45:53.535	2:17.588	18	13:48:11.180	2:17.645	19	13:50:27.475	2:16.295	20	13:52:45.813	2:18.338
21	13:55:02.006	2:16.193	22	14:03:52.010	8:50.004 G	23	14:06:20.044	2:28.034	24	14:08:36.191	2:16.147

12											
1	13:03:13.647	3:13.647 G	2	13:05:51.055	2:37.408	3	13:08:14.579	2:23.524	4	13:10:34.698	2:20.119
5	13:12:52.197	2:17.499	6	13:15:12.810	2:20.613	7	13:17:29.274	2:16.464	8	13:19:45.706	2:16.432
9	13:22:00.884	2:15.178	10	13:26:25.022	4:24.138 G	11	13:29:02.776	2:37.754	12	13:31:26.096	2:23.320
13	13:33:46.870	2:20.774	14	13:36:05.266	2:18.396	15	13:38:22.844	2:17.578	16	13:40:38.675	2:15.831
17	13:44:11.417	3:32.742 G	18	13:46:46.808	2:35.391	19	13:49:10.165	2:23.357	20	13:51:32.273	2:22.108
21	13:53:56.517	2:24.244	22	14:03:05.291	9:08.774 G	23	14:05:33.759	2:28.468	24	14:07:52.395	2:18.636

14											
1	13:01:04.210	1:04.210 G	2	13:03:35.218	2:31.008	3	13:05:55.760	2:20.542	4	13:08:11.423	2:15.663
5	13:10:25.660	2:14.237	6	13:12:39.267	2:13.607	7	13:14:51.758	2:12.491	8	13:17:04.848	2:13.090
9	13:19:17.230	2:12.382	10	13:22:56.898	3:39.668 G	11	13:25:30.297	2:33.399	12	13:27:51.989	2:21.692
13	13:30:11.530	2:19.541	14	13:32:29.994	2:18.464	15	13:34:47.719	2:17.725	16	13:39:10.829	4:23.110 G
17	13:41:37.215	2:26.386	18	13:43:50.844	2:13.629	19	13:46:02.231	2:11.387	20	13:52:26.257	6:24.026 G
21	13:54:46.189	2:19.932	22	14:03:51.497	9:05.308 G	23	14:06:10.552	2:19.055	24	14:08:21.253	2:10.701

16											
1	13:01:22.167	40:20.087 G	2	13:04:01.966	2:39.799	3	13:06:28.412	2:26.446	4	13:08:53.214	2:24.802
5	13:12:09.106	3:15.892 G	6	13:14:37.596	2:28.490	7	13:16:58.346	2:20.750	8	13:19:16.010	2:17.664
9	13:22:37.434	3:21.424 G	10	13:25:11.348	2:33.914	11	13:27:38.508	2:27.160	12	13:30:00.362	2:21.854
13	13:33:19.480	3:19.118 G	14	13:35:47.925	2:28.445	15	13:38:08.755	2:20.830	16	13:40:28.915	2:20.160
17	13:44:30.537	4:01.622 G	18	13:46:55.451	2:24.914	19	13:49:14.045	2:18.594	20	13:51:32.191	2:18.146
21	13:54:53.660	3:21.469 G	22	14:03:02.763	8:09.103 G	23	14:05:26.737	2:23.974	24	14:07:44.861	2:18.124

17											
1	13:00:45.695	0:45.695 G	2	13:03:24.348	2:38.653	3	13:05:44.573	2:20.225	4	13:08:01.101	2:16.528
5	13:10:16.849	2:15.748	6	13:12:30.684	2:13.835	7	13:14:45.276	2:14.592	8	13:16:59.248	2:13.972
9	13:20:28.966	3:29.718 G	10	13:22:58.190	2:29.224	11	13:29:16.873	6:18.683 G	12	13:31:59.305	2:42.432
13	13:34:30.450	2:31.145	14	13:36:58.812	2:28.362	15	13:42:18.234	5:19.422 G	16	13:44:46.030	2:27.796
17	13:47:03.269	2:17.239	18	13:49:20.027	2:16.758	19	13:51:35.616	2:15.589	20	13:53:51.697	2:16.081
21	13:56:07.213	2:15.516									

18											
1	13:03:24.597		2	13:06:00.578	2:35.981	3	13:08:23.925	2:23.347	4	13:10:44.737	2:20.812
5	13:13:04.329	2:19.592	6	13:15:22.603	2:18.274	7	13:17:43.699	2:21.096	8	13:20:52.666	3:08.967 G
9	13:23:17.643	2:24.977	10	13:25:36.833	2:19.190	11	13:27:53.907	2:17.074	12	13:30:12.306	2:18.399
13	13:32:30.590	2:18.284	14	13:34:48.550	2:17.960	15	13:38:18.224	3:29.674 G	16	13:40:46.494	2:28.270
17	13:43:05.488	2:18.994	18	13:45:23.785	2:18.297	19	13:47:41.228	2:17.443	20	13:49:58.740	2:17.512
21	13:52:15.684	2:16.944	22	13:54:31.760	2:16.076						

21											
1	13:01:20.105		2	13:04:07.875	2:47.770	3	13:06:29.850	2:21.975	4	13:08:48.442	2:18.592
5	13:11:13.385	2:24.943	6	13:18:03.436	6:50.051	7	13:20:17.107	2:13.671	8	13:22:29.045	2:11.938
9	13:24:40.591	2:11.546	10	13:29:30.515	4:49.924 G	11	13:31:53.877	2:23.362	12	13:34:10.556	2:16.679
13	13:36:26.500	2:15.944	14	13:41:40.411	5:13.911 G	15	13:43:58.326	2:17.915	16	13:46:13.079	2:14.753
17	13:48:26.778	2:13.699	18	13:51:31.837	3:05.059 G	19	13:54:06.875	2:35.038	20	14:03:09.023	9:02.148 G
21	14:05:38.905	2:29.882	22	14:07:59.190	2:20.285						

22											
1	13:06:00.213	6:00.213 G	2	13:08:49.206	2:48.993	3	13:11:19.837	2:30.631	4	13:13:44.745	2:24.908
5	13:16:06.423	2:21.678	6	13:18:27.525	2:21.102	7	13:23:31.032	5:03.507 G	8	13:26:19.489	2:48.457
9	13:28:52.335	2:32.846	10	13:31:20.829	2:28.494	11	13:40:01.553	8:40.724 G	12	13:42:41.511	2:39.958
13	13:45:08.909	2:27.398	14	13:47:33.306	2:24.397	15	13:49:58.312	2:25.006	16	13:52:20.191	2:21.879

34											
1	13:01:35.856		2	13:10:54.771	9:18.915 G	3	13:13:17.535	2:22.764	4	13:15:34.227	2:16.692

5	13:17:51.279	2:17.052	6	13:20:05.151	2:13.872	7	13:22:18.717	2:13.566	8	13:24:32.066	2:13.349
9	13:28:09.880	3:37.814 G	10	13:30:50.941	2:41.061	11	13:33:15.321	2:24.380	12	13:35:44.264	2:28.943
13	13:38:08.400	2:24.136	14	13:40:32.339	2:23.939	15	13:42:56.388	2:24.049	16	13:45:21.301	2:24.913
17	13:47:45.779	2:24.478	18	13:52:51.140	5:05.361 G	19	13:55:22.751	2:31.611	20	14:03:57.386	8:34.635 G
21	14:06:28.246	2:30.860	22	14:08:51.043	2:22.797	23	00:00:00.000	25:23.584			

35

1	13:05:20.173	5:20.173 G	2	13:07:56.756	2:36.583	3	13:10:18.220	2:21.464	4	13:12:35.233	2:17.013
5	13:14:51.487	2:16.254	6	13:17:06.817	2:15.330	7	13:19:22.597	2:15.780	8	13:23:50.348	4:27.751 G
9	13:26:19.298	2:28.950	10	13:28:41.098	2:21.800	11	13:31:00.684	2:19.586	12	13:33:19.013	2:18.329
13	13:35:36.828	2:17.815	14	13:37:55.135	2:18.307	15	13:44:39.364	6:44.229 G	16	13:47:16.591	2:37.227
17	13:49:43.650	2:27.059	18	13:52:07.398	2:23.748						

38

1	13:01:06.914	1:06.914 G	2	13:03:39.884	2:32.970	3	13:06:00.002	2:20.118	4	13:08:18.617	2:18.615
5	13:10:34.802	2:16.185	6	13:12:50.443	2:15.641	7	13:15:05.489	2:15.046	8	13:17:19.315	2:13.826
9	13:19:33.575	2:14.260	10	13:24:02.382	4:28.807 G	11	13:26:33.324	2:30.942	12	13:28:52.237	2:18.913
13	13:31:08.652	2:16.415	14	13:33:23.141	2:14.489	15	13:35:37.010	2:13.869	16	13:37:52.359	2:15.349
17	13:40:05.493	2:13.134	18	13:43:52.834	3:47.341 G	19	13:46:34.794	2:41.960	20	13:48:55.851	2:21.057
21	13:51:14.256	2:18.405	22	13:53:31.871	2:17.615	23	13:55:48.378	2:16.507			

41

1	13:04:38.896	4:38.896 G	2	13:09:10.834	4:31.938 G	3	13:11:41.101	2:30.267	4	13:14:06.914	2:25.813
5	13:16:31.798	2:24.884	6	13:18:56.511	2:24.713	7	13:23:16.438	4:19.927 G	8	13:26:01.559	2:45.121
9	13:28:23.990	2:22.431	10	13:30:44.340	2:20.350	11	13:33:01.969	2:17.629	12	13:38:59.802	5:57.833 G
13	13:41:39.502	2:39.700	14	13:44:05.128	2:25.626	15	13:46:30.303	2:25.175	16	13:52:28.834	5:58.531 G
17	13:55:00.804	2:31.970									

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1	14:02:39.624	2:39.624 G	2	14:05:18.335	2:38.711						
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46

1	13:01:03.802	1:03.802 G	2	13:03:34.889	2:31.087	3	13:05:57.658	2:22.769	4	13:08:19.065	2:21.407
5	13:10:37.983	2:18.918	6	13:12:57.664	2:19.681	7	13:15:15.171	2:17.507	8	13:17:32.861	2:17.690
9	13:19:50.109	2:17.248	10	13:24:26.665	4:36.556 G	11	13:27:11.605	2:44.940	12	13:29:46.006	2:34.401
13	13:32:19.542	2:33.536	14	13:34:51.992	2:32.450	15	13:39:58.811	5:06.819 G	16	13:42:38.437	2:39.626
17	13:45:05.795	2:27.358	18	13:47:30.582	2:24.787	19	13:53:56.213	6:25.631 G			

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1											
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57

1	13:01:17.671	1:17.671 G	2	13:03:45.244	2:27.573	3	13:06:02.091	2:16.847	4	13:08:18.739	2:16.648
5	13:10:34.975	2:16.236	6	13:12:49.710	2:14.735	7	13:15:05.230	2:15.520	8	13:18:24.324	3:19.094 G
9	13:20:49.694	2:25.370	10	13:23:06.409	2:16.715	11	13:25:19.917	2:13.508	12	13:27:35.410	2:15.493
13	13:29:48.913	2:13.503	14	13:32:01.974	2:13.061	15	13:34:14.046	2:12.072	16	13:36:26.263	2:12.217
17	13:40:57.447	4:31.184 G	18	13:43:30.348	2:32.901	19	13:45:51.112	2:20.764	20	13:48:08.666	2:17.554
21	13:50:25.737	2:17.071	22	13:52:44.581	2:18.844	23	13:55:01.268	2:16.687	24	14:03:16.729	8:15.461 G
25	14:05:39.113	2:22.384	26	14:07:54.176	2:15.063						

59

1	13:02:28.651	2:28.651 G	2	13:05:08.333	2:39.682	3	13:07:30.855	2:22.522	4	13:09:59.712	2:28.857
5	13:12:19.909	2:20.197	6	13:18:26.061	6:06.152 G	7	13:20:50.164	2:24.103	8	13:23:06.733	2:16.569
9	13:25:22.159	2:15.426	10	13:27:38.329	2:16.170	11	13:29:52.480	2:14.151	12	13:32:06.519	2:14.039
13	13:38:07.386	6:00.867 G	14	13:41:13.020	3:05.634	15	13:43:38.181	2:25.161	16	13:46:03.396	2:25.215
17	13:48:27.097	2:23.701	18	13:50:51.435	2:24.338	19	13:53:20.806	2:29.371	20	13:55:46.078	2:25.272

69

1	13:08:03.064	8:03.064 G	2	13:10:31.923	2:28.859	3	13:12:51.942	2:20.019	4	13:15:09.595	2:17.653
5	13:21:34.941	6:25.346 G	6	13:24:16.383	2:41.442	7	13:26:36.897	2:20.514	8	13:31:31.769	4:54.872 G
9	13:33:59.759	2:27.990	10	13:36:18.667	2:18.908	11	13:38:36.770	2:18.103	12	13:40:55.053	2:18.283

13	13:46:33.987	5:38.934 G	14	13:49:19.924	2:45.937	15	13:51:42.291	2:22.367	16	13:54:02.930	2:20.639
77											
1	13:05:25.035	5:25.035 G	2	13:09:31.871	4:06.836 G	3	13:11:59.982	2:28.111	4	13:14:21.579	2:21.597
5	13:16:41.841	2:20.262	6	13:18:59.774	2:17.933	7	13:21:20.564	2:20.790	8	13:25:45.375	4:24.811 G
9	13:28:13.605	2:28.230	10	13:30:39.221	2:25.616	11	13:32:54.866	2:15.645	12	13:35:12.002	2:17.136
13	13:40:27.540	5:15.538 G	14	13:43:01.882	2:34.342	15	13:45:27.239	2:25.357	16	13:50:42.017	5:14.778 G
17	13:53:12.936	2:30.919	18	13:55:39.534	2:26.598						

90											
1	13:01:38.165	1:38.165 G	2	13:04:13.712	2:35.547	3	13:06:32.251	2:18.539	4	13:08:49.039	2:16.788
5	13:11:06.780	2:17.741	6	13:13:23.249	2:16.469	7	13:15:39.730	2:16.481	8	13:17:56.305	2:16.575
9	13:20:11.022	2:14.717	10	13:31:59.425	11:48.403	11	13:34:19.214	2:19.789	12	13:39:31.407	5:12.193 G
13	13:41:54.167	2:22.760	14	13:44:09.325	2:15.158	15	13:46:23.761	2:14.436	16	13:50:58.296	4:34.535 G
17	13:53:22.999	2:24.703	18	13:55:40.632	2:17.633	19	14:03:15.552	7:34.920 G	20	14:05:38.568	2:23.016
21	14:07:55.399	2:16.831									

95											
1	13:02:06.858	2:06.858 G	2	13:04:35.268	2:28.410	3	13:06:46.894	2:11.626	4	13:08:56.632	2:09.738
5	13:11:06.903	2:10.271	6	13:13:15.417	2:08.514	7	13:15:23.356	2:07.939	8	13:22:48.593	7:25.237 G
9	13:25:10.370	2:21.777	10	13:27:18.574	2:08.204	11	13:29:27.633	2:09.059	12	13:31:38.612	2:10.979
13	13:33:46.890	2:08.278	14	13:39:39.318	5:52.428 G	15	13:41:58.283	2:18.965	16	13:44:10.438	2:12.155
17	13:46:23.630	2:13.192	18	13:48:35.919	2:12.289	19	13:51:10.162	2:34.243	20	13:53:24.814	2:14.652
21	13:55:38.326	2:13.512									

100											
1	13:02:28.475	2:28.475 G	2	13:05:03.446	2:34.971	3	13:07:22.897	2:19.451	4	13:09:38.481	2:15.584
5	13:11:51.731	2:13.250	6	13:14:05.716	2:13.985	7	13:16:18.469	2:12.753	8	13:21:04.974	4:46.505 G
9	13:23:36.109	2:31.135	10	13:26:01.212	2:25.103	11	13:28:24.252	2:23.040	12	13:33:21.648	4:57.396 G
13	13:35:52.907	2:31.259	14	13:38:16.433	2:23.526	15	13:40:39.401	2:22.968	16	13:43:00.112	2:20.711
17	13:45:20.554	2:20.442	18	13:47:40.139	2:19.585	19	13:52:09.708	4:29.569 G	20	13:54:31.096	2:21.388

134											
1	13:02:08.502	2:08.502 G	2	13:04:47.636	2:39.134	3	13:07:15.491	2:27.855	4	13:09:40.466	2:24.975
5	13:12:04.172	2:23.706	6	13:14:26.872	2:22.700	7	13:19:05.839	4:38.967 G	8	13:23:34.320	4:28.481 G
9	13:25:59.899	2:25.579	10	13:28:19.591	2:19.692	11	13:30:40.336	2:20.745	12	13:32:59.163	2:18.827
13	13:35:16.062	2:16.899	14	13:41:03.799	5:47.737 G	15	13:43:44.708	2:40.909	16	13:46:13.965	2:29.257
17	13:48:41.798	2:27.833	18	13:51:07.164	2:25.366	19	13:53:32.245	2:25.081	20	13:55:58.170	2:25.925

254											
1	13:00:37.755	0:37.755 G	2	13:03:06.288	2:28.533	3	13:06:17.471	3:11.183 G	4	13:08:35.908	2:18.437
5	13:10:50.073	2:14.165	6	13:13:04.352	2:14.279	7	13:15:17.403	2:13.051	8	13:17:30.431	2:13.028
9	13:19:44.142	2:13.711	10	13:23:00.388	3:16.246 G	11	13:25:25.390	2:25.002	12	13:27:38.647	2:13.257
13	13:29:50.996	2:12.349	14	13:32:02.781	2:11.785	15	13:34:14.849	2:12.068	16	13:36:27.273	2:12.424
17	13:41:22.306	4:55.033 G	18	13:43:49.516	2:27.210	19	13:47:34.658	3:45.142 G	20	13:49:57.077	2:22.419
21	13:52:13.431	2:16.354	22	13:54:27.869	2:14.438	23	14:03:25.985	8:58.116 G	24	14:05:45.660	2:19.675
25	14:07:58.634	2:12.974									